

Monday
October-18

Tuesday

Wednesday

Thursday

Friday
Sumter School District Elementary Lunch Menu

1% White Milk and Assorted Flavored Non Fat & Skim Milk
Served daily at Breakfast and Lunch
Breakfast and Lunch is free for all students
Students wishing to get a second meal will have to pay the ala carte price
of \$2.50 for breakfast and \$4.00 for lunch.

Adult Breakfast - \$2.50
Adult Lunch - \$4.00

Reminder - Menu Subject to Change Due to Food Availability



National School Lunch Week
October 15-19

1	Grilled Chicken on WW Bun or BBQ Pork on WW Bun Baked Beans Romaine Lettuce/Tomato/Pickle Fruit Cocktail or 100% Grape Juice	2	Rotini Bake Texas Toast or Yogurt Boxed Lunch Green Beans or Tossed Salad w/ Dressing Blue Raspberry Applesauce or Fresh Orange Slices	3	Chicken Alfredo WW Breadstick or Toasted Club Sandwich on WW Bun Steamed Broccoli or Wango Mango Juice or Pineapple Tidbits or Chilled Sliced Peaches	4	Country Style Steak w/ Gravy Steamed Rice Cornbread or Grilled Chicken Salad w/ Dressing Sweet Potatoes or Green Peas Strawberry Fruit Cup or Fresh Apple Slices	5	Pepperoni Pizza Slice or Turkey and Cheese Flatbread Sandwich Steamed Corn Romaine Lettuce/ Spinach/ Sliced Tomato Sliced Peas or Ridgefield Frozen Fruit Cup
8	Chicken Filet or Hoidog on WW Bun Crispy French Fries Baked Beans Pineapple and Cherries or 100% Fruit Punch Juice	9	Nachos or Chicken Fajita Wrap Seasoned Corn Romaine Lettuce/ Diced Tomato Chilled Fruit Cocktail or Fresh Orange Wedges	10	Hamburger on WW Bun Yogurt Boxed Lunch Cherry Star V-Juice Romaine Lettuce/ Tomato/ Pickle Blushing Pears or Fresh Apple Slices	11	Spaghetti w/ Meat Sauce Garlic Texas Toast Steamed Broccoli or Munchable Lunch (Turkey and Cheese) Banana or Sliced Peaches	12	Pepperoni Pizza Slice or Grilled Chicken Sandwich Green Beans or Fresh Baby Carrots w/ Ranch Strawberry Applesauce or Ridgefield Frozen Fruit Cup
15	Fish Nuggets w/ Tartar Sauce Seasoned Yellow Rice WG Cornbread or Turkey and Cheese on Thin Slice Pinto Beans or Cherry Star V-Juice Pineapple Tidbits or Mandarin Oranges	16	Tenyaqi Chicken Steamed Rice Steamed Broccoli or Munchable Lunch (Turkey and Cheese) 100% Fruit Punch Juice	17	Beef Ravioli w/ WW Breadstick Vegetable Medley or Grilled Chicken Salad w/ Dressing Sliced Peaches or Cinnamon Apples	18	Tetrazzini or Ham and Cheese on WW Bun Green Beans or Sliced Carrots Fruit Cocktail or 100% Apple Juice Schoolmade Cinnamon Roll	19	WW Pepperoni Pizza or Chicken Fajita Wrap Romaine Lettuce/ Diced Tomato Steamed Corn Fresh Orange Slices or Ridgefield Frozen Fruit Cup
22	Grilled Chicken on WW Bun Baked Beans Romaine Lettuce/Tomato/Pickle 100% Fruit Punch Juice Early Release Sack Lunch	23	Chicken and Waffles or Yogurt Boxed Lunch Hashbrown Fresh Baby Carrots w/ Ranch Strawberry Fruit Cup or 100% Orange Juice Breakfast for Lunch	24	Rotini Bake w/ WW Breadstick or Toasted Club Sandwich on Thin Slice Steamed Broccoli or Tossed Salad w/ Dressing Blue Raspberry Applesauce or Fresh Orange Wedges	25	Baked Turkey w/ Gravy Steamed Rice or Chef Salad w/ Dressing Collards or Sweet Potatoes Sliced Peaches or Blushing Pears	26	Pepperoni Pizza or Ham and Turkey Flatbread Romaine Lettuce/ Spinach/ Sliced Tomato Seasoned Corn Ridgefield Frozen Fruit Cup or 100% Blue Razz Juice
29	Chicken Nuggets w/ BBQ Sauce Seasoned Yellow Rice or Turkey and Cheese on WW Bun Pinto Beans or Fresh Baby Carrots w/ Dip Pineapple Tidbits or 100% Fruit Punch Juice	30	Hot Ham and Cheese Sandwich or Strawberry "Pink" Yogurt Boxed Lunch Cherry Tomatoes w/ Dip or Green Beans "Pink" Blushing Pears or Strawberry "Pink" Fruited Gelatin w/ Pink Whip Topping School Lunch Goes Pink Breast Cancer Awareness Month	31	Beef Taco or Chicken Fajita Wrap or Taco/ Fajita Toppings Steamed Corn Sliced Peaches or Frozen "FALL" Treat				